



**HENDRICK
HUDSON
FREE LIBRARY**

Fall Newsletter

September/October/November
Fall 2019

News from the Director

We are excited to have received a generous grant which will allow us to offer a **ten-week writing seminar and workshop series** for participants to explore fiction, memoir and poetry; as well as different elements, themes and techniques each week. The series will be Thursdays from 10:00 AM-12:30 PM from September 12th thru November 21st and will culminate in a writing salon December 1st where works created will be shared with the community. We are delighted to have Tessa Rossi, an artist of written and spoken word, leading the workshops. Call today to register; limited space available.

PROUD TO BE SUPPORTED BY
ARTSWESTCHESTER AND
WESTCHESTER COUNTY GOVERNMENT



This project is made possible with funds from the Decentralization Program, a regrant program of the NYS Council on the Arts with the support of Governor Andrew M. Cuomo and the NYS Legislature and administered by ArtsWestchester.



**The shredder will
be here again
December 7th from
10 AM to 1 PM.**

THE COFFEE HOUSE

Concert Series

**All concerts begin at
2 PM in our
Constance Dyckman
Community Room**

Sundays

September 15th
Night Train -
Classic Rock

November 10th
Abe Ovadia -
Jazz Guitarist

We have a fresh new look...



our restrooms, that is.

Be sure to check out the men's and women's restrooms on the first floor next time you are here. We have completely updated them to better serve our patrons and have done so upholding our commitment to sustainability. Thanks to Assemblywoman Sandy Galef for sponsoring us for a NY State grant which made this project possible.

New Parents and Infants Support Group

Tuesdays 3-5pm

9/17, 9/24

10/1, 10/8, 10/15, 10/22, 10/29

11/5, 11/12, 11/19, 11/26

Join Certified Postpartum Doula, Katherine Whiteside (CPD:CBI), for educational, practical, and emotional support for all new parents and their infants. This warm and welcoming group is open to all parents and caregivers looking for companionship, community, advice and support regarding feeding, sleep, postpartum questions, sibling settling, returning to work, and other new family challenges. The group is open to women and men, including expectant families who would like to join the community of new parents. Grandparents, caregivers, and siblings are also welcome to attend.

"I was born with a reading list I will never finish."

~ Maud Casey, American novelist



ADULT AND YOUNG ADULT PROGRAMS

Caring for the Caregiver

**Tuesday,
September 10, 6:30 PM**

Pamela Cardozo, RN, BS, CPC, will discuss the signs and symptoms of caregiver stress and burn-out, ways to prevent it, and where to turn for help. Registration by phone begins August 27.



Cortlandt Stamp Club

**Wednesdays, 6:30 PM
September 11, 25;
October 9, 23; November 13**



HHFL Writing Workshop/Seminar

**Thursdays, 10 AM
September 12, 19, 26;
October 3, 10, 17, 24, 31;
November 7, 14;
Make-up: November 21**

See News From the Director

Breaking Through Writer's Block

**Saturday,
September 14, 1 PM**

Author Steve Lewis will discuss the virtues, challenges, and utter exhilaration of letting the story tell itself, as well as the relatively minor scrapes and bruises (and occasional sleeplessness) that come along with editing. Registration by phone begins August 30.



Tuesday Night Bingo

**Tuesdays, 6 PM
September 17,
October 8, November 12**

Registration by phone begins September 3 for one or all dates.



New York State OASAS Narcan Training

Thursday, September 19, 5:30 PM
New York State Office of Alcoholism and Substance Abuse Services (OASAS) will teach participants how to recognize, respond to, and reverse a suspected opioid overdose using naloxone. Participants will also receive information on how to obtain free or low-cost naloxone from pharmacies using medical insurance and New York State's Naloxone Co-payment Assistance Program (N-CAP). Register by phone today!

Demystifying Medicare

**Sunday,
September 22, 1:15 PM**

Westchester Library System's Westchester Seniors Out Speaking (WSOS) demystifies the various parts of Medicare and lays out the costs associated with medical and drug insurance provided by the government and private companies. This overview will help people currently enrolled in Medicare, those soon to be 65 and planning their retirement, or those assisting relatives and friends. Registration by phone begins September 6.



Beading Earrings for Women's Shelters

**Mondays, 6 PM
September 23, October 14,
November 18**
Register today!

Cookbook Book Club

**Tuesdays, 6 PM
September 24 and November 19**

Choose in advance a recipe from the selected cookbook to make and share with fellow club members. Submit chosen recipe to cmorreale@wlsmail.org by September 4 and November 1, respectively. Copies of selected cookbook are available at the Circulation Desk for club members. Registration by phone begins July 30 for the September meeting and September 24 for the November meeting.

September's Cookbook: *The Russian Heritage Cookbook* by Lynn Visson

November's Cookbook: List of past cookbooks to be provided to members at the September meeting.

The Read-Through: A Play-Reading Group

Thursday, September 26, 4:30 PM
Join the HHFL play-reading group led by staff member Anna DeAngelis. Participants will read through scripts from plays. Our goal is to simply have fun. Inexperienced and experienced readers are welcomed. Copies of play available at Circulation. Registration by phone begins September 12.



September's Play: *Arsenic and Old Lace* by Joseph Kesselring

Estate Planning: How to Protect Your Parents and Yourself

Wednesday, October 2, 10 AM
Michael Martin, from Martin Law, PC, will discuss Wills, Health Care Proxys, Living Wills, Irrevocable Trusts, and Nursing Home concerns. Registration by phone begins September 18.



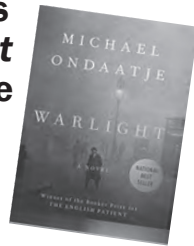
Beginner Watercolor Painting

**Wednesday, October 2, 2 PM
Tuesdays, October 8, 15, 22,
2 PM**

This four-week class, taught by Doreen Halsall, professional artist, is designed for people who have always wanted to learn how to paint with watercolor. No experience necessary. Registration by phone begins September 18. A \$10 materials fee is due by September 27. Limited seating. Note: If you have taken Doreen's classes in the past, you cannot register until September 19.

Brews & Bestsellers Book Club: Warlight by Michael Ondaatje

**Tuesday, October 15,
7:30 PM at NY
Firehouse Grille,
Peekskill**



Join our librarian at a local watering hole for an adult evening out to chat about this month's selection. Snacks will be provided, but you'll be purchasing your own spirits of choice. Register and check out your copy of the book at our Circulation Desk after September 1.

Understanding Alzheimer's and Dementia

Thursday, October 10, 6 PM
This program, presented by Jessica Flores from the Alzheimer's Association, covers topics such as warning signs, differences in dementias, how to get a proper diagnosis, stages of the disease, treatment options, research and services to help. Registration by phone begins September 26.



ADULT AND YOUNG ADULT PROGRAMS



AARP Defensive Driving *Tuesday, October 15, and* *Wednesday, October 16* **10 AM to 2 PM**

Registration **by phone only** (call 739-5654) begins October 1. A \$25 materials fee (\$20 for current AARP members with member number written on check) is due by October 11. Checks or money orders only made payable to AARP. Arrive early on class day, and bring a snack, driver's license, AARP membership card, and pen. Limited space.

Note-Taking and Studying Effectively for Students Grades 6-12 and Their Parents

Thursday, October 17, 7 PM

Dr. Dominique Padurano, Ph.D., of Crimson Coaching, teaches students key strategies for critically reading, note-taking, and studying for exams as they progress from elementary to middle school and middle school to high school. Effectively monitor and assist your children at home as they experiment with these new techniques. Students must be accompanied by a parent. Registration begins by phone October 3.



FACT OR FAKE: Exploring the Role of Media in Politics

Tuesday, October 22,
7:00 – 8:30 PM

An interactive, non-partisan 90-minute workshop on the state of media in the current political environment: biases, spotting fake news, different ways to access news, and the benefits of a comprehensive media diet, and how technology has influenced the changing political environment like never before! Developed through and sponsored by the **League of Women Voters**, for all ages, and backgrounds. Registration by phone begins October 8.

Yamuna Body Rolling *Thursdays, 6 PM* **October 24, 31;** **November 7;** **December 5, 12**

This 5-week class, taught by Judy Marx, physical education teacher, will teach participants about body sustainability to help one become more aware of

one's body and how to keep it pain-free. This class is open to adults and teens. Registration by phone begins October 10. Limited space.

Halloween: A Haunted History

Tuesday, October 29, 6 PM

Kevin Wojce, author, photographer, and lecturer, will explore the strange history of Halloween, from Old World harvest festivals to our modern family holiday. Registration by phone begins October 15.

Film & Discussion Series: Breaking Down Barriers: Nature, Different Cultures, and Letting Go

Friday, November 1,
1:30 PM

We will present five films during our Thursday Matinee Movies (or view them on your own), welcoming back Vic Messick, an avid film buff and educator. A closing session will tie films together through comparative analysis of messages and symbolism. Please register after October 18 for closing discussion Friday, November 1, 1:30pm. All ages are welcome to register.



Self-Publishing Versus Traditional: Pros and Cons

Monday, November 4, 6 PM

Ever wonder why some writers choose to self-publish while others do not? Learn the pros and cons of self-publishing versus traditional publishing from staff member and publishing professional, Raquel Avila. Registration by phone begins October 21.

Accountable Aging: Preparing for the Elder Years *Wednesday, November 6, 6 PM*

Learn from Lauren Enea, Elder Law Attorney, how to best organize your affairs, ensure all necessary documents are in order (from last wills, trusts, and advance directives to insurance policies and bank records), as well as estate and elder care planning options. Registration by phone begins October 23.

Watercolor: You can do it! *Wednesday, November 13, 10 AM*

Michele Croft, professional artist, will provide to students a prepared line drawing and value sketch, give a 30-minute demo, and then assist participants with creating their own Hudson River scene. Registration by phone begins October 30. Limited seating.

Violin/Cello Duo Performance *Saturday,* *November 16,* **2 PM**



Professional violinist David Restivo and accomplished cellist Howard Cohen will delight you with their musical performance—from classical music, to show tunes, to contemporary music. No registration necessary.

Defensive Driving *Saturday, November 23, 9:30 AM*

Instructor: Bharat Jani. Registration **by phone only** (call 739-5654) begins November 8. A \$45 materials fee is due by November 21. Cash or checks made payable to Bharat Jani. Feel free to bring lunch. Limited space.

Matinee Movies

Thursdays at 1:30 PM

- September 5 – “Best of Enemies” (PG-13)
- September 12 – “A Private War” (R)
- September 19 – “The Public” (PG-13)

The following 5 films are shown as part of our program, “Breaking Down Barriers: Nature, Different Cultures, and Letting Go,” with a discussion following each film and a final program scheduled for Friday, November 1 at 1 PM.

- October 3 – “Never Cry Wolf” (PG)
- October 10 – “Songcatcher” (PG-13)
- October 17 – “Joyeux Noel” (PG-13)
- October 24 – “Thunderheart” (R)
- October 31 – “Whale Rider” (PG-13)

- November 7 – “Hotel Mumbai” (R)
- November 14 – “Rocketman” (R)
- November 21 – “They Shall Not Grow Old” (Documentary)



CHILDREN'S PROGRAMS



storytime

Thursdays,
September 5, 12, 19, 26;
October 3, 10, 17, 24;
November 7, 14, 21

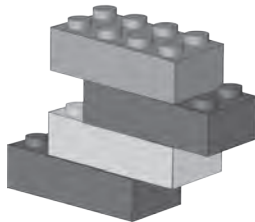
9:15 AM - Mother Goose
(children under age 2 years with
adult caregiver)

10 AM - Toddler Storytime (ages
2-4 years with adult caregiver)

No registration required.

LEGO League

Saturdays,
10:30 AM
September 7,
October 5,
November 2



Join our Saturday block party!
Each month's meeting will
feature a theme, a related
story or book talk, and an hour
of LEGO building. For children
Kindergarten through Grade 4.
No registration necessary.

Chess Club

Mondays, 4:15 PM
September 9, 16, 23;
October 7, 21, 28;
November 4, 18, 25



Come to learn, and
experienced players
welcome! Join our
Monday chess club
with instructor Ray Jones and
enjoy some friendly competition!
For children grade 3 and up.
Please register at least 24 hours
prior to program.

Rock 'N' Roll for Little Ones

Tuesdays,
10:15 AM
September 10, 24;
October 8, 15, 22, 29;
November 5, 12, 19, 26



Live guitar, starting with kids
classics (such as "Twinkle,
Twinkle") and American folk
songs, then moving on to The
Beatles, Chuck Berry and other
rock favorites. Children and
caretakers alike - get ready
to dance and sing with Amy
Hersh. Amy has performed at
the Hudson River Clearwater
Revival, the Bronx Zoo, and the
Croton Free Library, among other
local spaces. For ages birth to
Kindergarten. No registration
necessary.

Paws to Read

Tuesdays, 6:30 PM
September 10;
October 8, 15;
November 5, 12



This program allows children
to read aloud to a dog to build
comfort, confidence and make
reading more fun! Dogs are
excellent listeners who don't
make a child feel awkward if they
stumble. Sign up for a 15-minute
reading session. Please register
at least 24 hours prior to
program.

Music 'N' Motion

Wednesdays, 1:30 PM
September 11, 25;
October 16, 30;
November 6, 20

Lori Cohen provides a
developmental music
program. Class geared
for children under 5 who are
walking. All children participate
with an adult caregiver.

Registration not required, space
is limited to the first 60 people.
Free tickets at the Children's
Desk before program begins.



Talk Like a Pirate

Thursday, September 19
4:15 PM

Ahoy there me hearties! Today
is International Talk Like a
Pirate Day so come celebrate
with stories, games and crafts
for pirates grades 1 - 3. Please
register at least 24 hours prior to
program.



FIESTA!

With Flor Bromley

Mondays,
10:15 AM

October 7, 21, 28;

November 4, 18, 25

A fun free bilingual
(English/Spanish)
music program for children
ages 0-5 years old with a parent/
caregiver. Flor Bromley teaches
Spanish through music, movement,
puppetry, and theatre based
games. No registration required.





CHILDREN'S PROGRAMS



WESTCHESTER LIBRARY SYSTEM

BATTLE OF THE BOOKS

Battle of the Books
Saturday, October 19
 Our teams of 4-6 and 7-10 graders will be competing at the 6th Annual WLS Battle of the Books at Hommocks Middle School in Larchmont, NY. Wish us luck! Ask about volunteering on Battle Day!



Halloween Stories and Craft

Wed. Oct. 23 – 4:15 PM

Age 4 to Grade K

Thurs. Oct. 24 – 4:15 PM

Grades 1-3

Stories and a simple craft for children age 4 through grade 3. Please register at least 24 hours prior to program.

Thanksgiving Stories and Craft

Tuesday, Nov. 19

4:15 PM

Age 4 to

Grade K



Wednesday Nov. 20, 4:15 PM

Grade 1-3

Stories and a simple craft for children age 4 through grade 3. Please register at least 24 hours prior to program.

Yakety Yak 2

Fridays,

4:15 PM

Discuss the book and enjoy a snack. For children in Grade 2 only.



October 4 –

Bad Kitty Gets a Bath by Nick Bruel. Register and get your free book beginning Sept. 6.

November 1 –

Stanley in Space by Jeff Brown. Register and get your free book beginning Oct. 4.

Yakety Yak 3

Fridays,

4:15 PM

Discuss the book and enjoy a snack. For children in Grade 3 only.



October 11 –

Calendar Mysteries – October Ogre by Ron Roy. Register and get your free book beginning Sept. 6.

November 8 –

Fortunately, the Milk by Neil Gaiman. Register and get your free book beginning Oct. 11.



LocalHop

WE ARE EXCITED TO ANNOUNCE ONLINE REGISTRATION FOR ALL CHILDREN'S PROGRAMS!

Visit www.getlocalhop.com or download the mobile app on your iOS or Android device!

Book Chat

Fridays, 4:15 PM

Discuss the book and enjoy a snack. For children in Grades 4 and 5 only.

October 18 –

Rules by Cynthia Lord. Register and get your free book beginning Sept. 6.

November 15 –

Rump by Liesl Shurtliff. Register and get your free book beginning Oct. 18.



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Book Discussion Groups
Mondays, 11:00 AM & 12:30 PM
 September 23, October 28, November 25
Wednesdays, 7:00 PM
 September 25, October 30

Board Meetings

4th Monday of the month

M. Jill Davis, Director

Library Hours
Sunday* 1:00 am – 5:00 pm
Monday 9:00 am – 8:00 pm
Tuesday 9:00 am – 8:00 pm
Wednesday 9:00 am – 8:00 pm
Thursday 9:00 am – 8:00 pm
Friday 9:00 am – 6:00 pm
Saturday 9:00 am – 5:00 pm

 *September 8th – Sunday hours resume

Notary Public service is available; please call ahead.

Homebound Service If you or someone you know is permanently or temporarily disabled and unable to get to the library, volunteers will deliver and pick up materials. Please call the library to arrange for the service.

Libraries are a legacy to each generation offering the heritage of the past and promise of the future. Please remember the Hendrick Hudson Free Library when you're doing your estate planning.

Book Sale – ongoing.....paperbacks, hardcovers, cds and specials. Don't miss it!

Food for Fines – the Library is a year-round drop off for food and non-perishable items. From November 3 – December 23 overdue fines may be "paid" with canned and/or non-perishable goods. For every \$1.00 or less owed, one item will be accepted. If you are "fine-free," donate anyway! Food will be distributed to the area's food pantries and soup kitchens.

Looking for the Perfect Gift for someone who has everything, a retiree, big birthday or to honor someone's memory, consider making a donation to the library. It is easy, it can be done right through our website (via the PayPal link) and it's a tax deduction!

Passport Processing Facility – Need a passport? We are a processing facility. Visit our website to find out more: <https://www.henhudfreelibrary.org>.

September Exhibits

Community Room
"Frames of Mind"
 Paul Gioacchini
Reception: Saturday, September 7th,
4:00 – 7:00 PM

Second Floor Corridor & Conference Room
"The Nordic Village"
 Sine Hjort

LOBBY CASE DISPLAY
Mickey Mouse
90th Anniversary Celebration
 by Vivienne Courtney

October Exhibits

Community Room
"Backyard Friends"
 Johanne Morin
Reception: Saturday, October 5th,
2:00 – 4:00 PM

Second Floor Corridor & Conference Room
"The Color Gallery"
 Seema Varma

LOBBY CASE DISPLAY
Stamp Collection
 by Anna DeAngelis

November Exhibits

Community Room
"Watercolors"
 Michele Izzo
Reception: Sunday, November 3rd,
2:00 – 4:00 PM

"Impressions in Nature"
 Nancy Woogen
Reception: Sunday, November 3rd,
2:00 – 4:00 PM

LOBBY CASE DISPLAY
Stamp Collection
 by Daniel Meyer